

# News Release

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FOR IMMEDIATE RELEASE:

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## **COVID-19 Updates for Frederick County**

Level of Community Transmission in Frederick County, MD: HIGH



According to <u>Board of Health Regulation 02-2021</u>, masks are required for everyone age 5 years and older in all indoor public places in Frederick County.

Frederick County Fully Vaccinated

|                             | #<br>Vaccinated | % of County<br>Population |
|-----------------------------|-----------------|---------------------------|
| Fully Vaccinated            | 180,493         | 69.5%                     |
| 1 <sup>st</sup> Doses Given | 179,439         | 69.1%                     |
| 2 <sup>nd</sup> Doses Given | 162,639         | 62.7%                     |
| Single Doses Given          | 17,854          | 6.9%                      |

## **Confirmed Cases:**

42,297 (+156 in last 24 hrs)

**Confirmed Deaths:** 

462 (+2 in last 24 hrs)

Positivity Rate: 18.45%

Case Rate: 65.89/100,000

## Frederick County residents fully vaccinated by age group:

| % of Population |
|-----------------|-----------------|-----------------|-----------------|-----------------|
| 5-11 Years      | 12-17 Years     | 12+ Years       | 18+ Years       | 65+ Years       |
| 33.7%           | 73.8%           | 83.3%           | 84.3%           | 95.0%           |

| Frederick County COVID-19 Hospitalizations: | # ICU | # Acute Care |
|---|-------|--------------|
| Individuals Hospitalized with COVID-19      | 10    | 73           |

Additional statistics on Frederick County dashboard: <a href="http://FrederickCountyMD.gov/COVIDstats">http://FrederickCountyMD.gov/COVIDstats</a> and Frederick Health dashboard: <a href="http://frederickhealth.org/COVID19">http://frederickhealth.org/COVID19</a>.









## Page 2/COVID Update

#### Free KN95 Mask Distribution

Frederick County Health Department has been distributing masks to high risk congregate facilities and locations, and working with multiple communities, partners and departments within Frederick County Government to ensure a fair and equitable distribution of KN95 masks to our Frederick County residents.

KN95 masks are available for Frederick County residents to pick up at Frederick County Public Library branches starting on Friday\*, January 28 during regular business hours.

- Masks are free!
- o Masks are limited to one pack per household. Each pack contains 5 masks.
- Visit <u>fcpl.org</u> for library branch hours and locations. Masks will be located just inside the entrance of each branch library.
- You do not need a library card to pick up masks.

Nearly 100,000 masks are available and should be in stock for some time. We will provide updates on this website and social media when all masks have been distributed.

\*Edward F. Fry Memorial Library at Point of Rocks, Emmitsburg Branch Library, and Myersville Community Library are NOT open on Fridays, but will be open and have masks available starting Saturday, January 29.

The CDC recommends using KN95 masks over other types of face coverings to help maximize your protection against COVID-19. Consider upgrading your masks to KN95s, especially if you work in a job with high public contact or shared work spaces. It is important to check that it fits snugly over your nose, mouth, and chin.

Most publicly available respirators are disposable and should be discarded when they are dirty, damaged, or difficult to breathe through. For more information, check out the <u>CDC page about types of masks</u>.



Updates will be provided on <a href="FrederickCountyMD.gov/Masks">FrederickCountyMD.gov/Masks</a>.



## Page 3/COVID Update

## **Order Your Test Kits**

Every home in the United States is eligible to order four free athome COVID-19 rapid antigen tests. Orders will usually ship in 7-12 days. These tests give results within 30 minutes (no lab drop-off required).

COVID-19 self-tests (also referred to as home tests or over-the-counter tests) are one of many risk-reduction measures, along with <u>vaccination</u>, <u>masking</u>, and physical distancing, <u>that protect</u> <u>you and others</u> by reducing the chances of spreading COVID-19.

Self-tests can be taken at home or anywhere, are easy to use, and produce rapid results. You can use self-tests, regardless of vaccination status, or whether or not you have symptoms.



Follow all the manufacturer's instructions for performing the test. Order your test kits at covidtests.gov.

# **Report Self-Test Positives**

If you test positive for COVID-19 with an at-home test kit, please report your result to <u>covidlink.maryland.gov/selfreport</u>. You will need a cell phone number to report your result. This portal is for Maryland residents only.

# **Board of Health Update**

The next Board of Health meeting is scheduled for Thursday, February 3, 2022 at 6pm. The agenda will be available at <a href="https://frederickcountymd.gov/BoardofHealth">https://frederickcountymd.gov/BoardofHealth</a>.

The meeting will be broadcast live on FCG TV, cable channels 19 and 1085, online at <a href="https://www.FrederickCountyMD.gov/FCGTV">www.FrederickCountyMD.gov/FCGTV</a>, or by calling 855-925-2801, and provide the meeting code 8751.





## Page 4/COVID Update

# Frequently Asked Questions from Maryland Department of Health

#### How can you tell the difference between COVID-19 and flu symptoms?

Influenza (flu) and COVID-19 are both contagious respiratory illnesses, but they are caused by different viruses.

## **Similarities:**

Both COVID-19 and flu can have varying degrees of symptoms, ranging from no symptoms (asymptomatic) to severe symptoms. Common symptoms that COVID-19 and flu share include:

- Fever or feeling feverish/having chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue (tiredness)
- Sore throat
- Runny or stuffy nose
- Muscle pain or body aches
- Headache
- Vomiting
- Diarrhea
- Change in or loss of taste or smell, although this is more frequent with COVID-19.

It's difficult to tell the difference between flu and COVID-19 just by looking at the symptoms alone because they have some of the same symptoms. That's why testing is needed to tell what the illness is and to confirm a diagnosis.

There are more than 310 testing sites available throughout Maryland. Location, contact, and scheduling information for many of the COVD-19 test sites in Maryland can be found at <a href="mailto:covidtest.maryland.gov">covidtest.maryland.gov</a>.

## Did you miss last week's questions?

You can find out the answer to other trending COVID-19 vaccination <u>questions at covidLink</u> <u>Trending Questions and Answers</u>. Be sure to check out <u>covidLINK</u> for even more information on the COVID-19 vaccine, testing, and contact tracing.



## Page 5/COVID Update

## **Frederick Vaccination Update**

All Marylanders 5 and older are eligible to get a COVID-19 vaccination. Please note that only Pfizer is authorized for people 5-17 years old. Children must be accompanied by a parent or guardian.

Frederick County Health Department has clinics in a variety of locations throughout the county. This list can be found at <a href="http://frederickcountymd.gov/covidvaccine">http://frederickcountymd.gov/covidvaccine</a>. New links are added on Mondays. Boosters are available at all clinics.

- Call 855-634-6829 Monday Friday, 8am-8pm to:
  - o Schedule an appointment
  - o Schedule an in-home vaccination
  - Arrange for a free Lyft ride to a vaccination clinic. Those who need a ride to get vaccinated can visit
     <u>www.uwfrederick.org/rideunited</u> for more information. The first \$25 of each one-way ride is completely free to the rider.
- For other dates/times, check out <u>Frederick Health Hospital</u> and other <u>locations</u>.

*Childcare option:* KinderCare, Learning Care Group, and YMCA are all offering free child care to help parents and caregivers get vaccinated. For more information, visit the provider's website.

| COVID-19 Vaccination Clinics: |                 |  |  |  |
|-------------------------------|-----------------|--|--|--|
| Date                          | Time            | Location   |  |  |
| Thursday, Jan. 27             | 1:30-<br>2:30pm | Religious Coalition 27<br>Degrange St. Frederick, MD<br>21701                              |  |  |
| Thursday, Jan. 27             | 3-7pm           | 585 Himes Ave.<br>Frederick, MD 21703<br>(directions).                                     |  |  |
| Thursday, Jan. 27             | 5-7pm           | Brunswick Branch Library<br>915 North Maple Ave,<br>Brunswick, MD 21716                    |  |  |
| Friday, Jan. 28               | 10am-<br>2pm    | 585 Himes Ave.<br>Frederick, MD 21703<br>(directions).                                     |  |  |
| Saturday, Jan. 29             | 10am-<br>1pm    | 585 Himes Ave.<br>Frederick, MD 21703<br>(directions).                                     |  |  |
| Monday, Jan. 31               | 5-7pm           | Thurmont Regional Library<br>76 East Moser Rd. Thurmont,<br>MD 21788                       |  |  |
| Tuesday, Feb. 1               | 4-6pm           | Vigilant Hose Company<br>Activities Building<br>17701 Creamery Rd.<br>Emmitsburg, MD 21727 |  |  |
| Wednesday, Feb. 2             | 3-7pm           | 585 Himes Ave.<br>Frederick, MD 21703<br>(directions).                                     |  |  |
| Wednesday, Feb. 2             | 4-6pm           | Walkersville Library<br>2 South Glade Rd. Walkersville<br>MD 21793                         |  |  |
| Wednesday, Feb. 2             | 4-6pm           | Carver Apartments<br>207 Lee Alley Frederick, MD<br>21701                                  |  |  |

#### **For More Information:**

For the most current and accurate information about this situation, please refer to the following:

- For testing: https://covidtest.maryland.gov/
- For vaccination: <a href="https://www.vaccines.gov/">http://frederickcountymd.gov/covidvaccine</a>
- Frederick County Health Department: health.frederickcountymd.gov/coronavirus
- Maryland Department of Health (MDH): <u>coronavirus.maryland.gov</u>
- Centers for Disease Control (CDC): coronavirus.gov

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